

Newsletter 14 27th March 2020



Head teacher's message....

Dear Parents/Carers,

I am writing to you to update you on what has been happening at Hazelwood this week during this national coronavirus emergency. As you will know, the message from the prime Minister and the government is clear;

Stay home, protect the NHS, save lives.

I am sure that you may have joined in with the heart-warming tribute to our NHS heroes at 8:00pm last night (26.3.20). Collective (**safe**) acts of kindness like this will be increasingly important over the coming weeks. We want to thank our parent/carer community for their kindness, support and understanding this week; **your support in not contacting us has enabled the operational running of the school in very challenging circumstances.**

Keeping the school open

The senior leadership team and all our staff have been phenomenal. The situation at the moment is fast changing with almost daily (sometimes twice daily) or hourly directives and updates from various authorities. **We remain committed to offering places to qualifying groups (as outlined by the government) for next week – 30th March – 3rd April 2020.** Members of the senior leadership team have been in contact with parents and carers (of qualifying groups) throughout this week. You will all have heard the urgent, safety messages by now but for up to date information in regards to how to stay safe during this emergency visit www.gov.uk/coronavirus.

Home learning provision - re letter 17.3.2020

You may have found this week to be challenging, unusual or

enjoyable (!) as you accessed our home learning provision. Earlier today, I sent you a letter with additional advice in regards to problems you may be having with Purple Mash and hope that this information is helpful. We are operating in challenging times and online learning platforms all over the country have struggled to keep up with demand this week; we are doing our best. Some teachers are attending school and supporting home learning so please be patient in regards to how home school contact will work. I am sure that the children (parents!) and teachers will really enjoy staying in touch.

Families in receipt of free school meals (FSM)

All our families who are in receipt of FSM were allocated vouchers for the period 23.3.20 - 3.4.20 on Monday 23rd March and will be contacted next week in regards to future provision including provision throughout the Easter holidays.

Easter opening - supporting key workers children and families at Easter

From an operational perspective, at the time of writing, we are fully committed to supporting our key workers children and families by opening our school on Monday to Friday at Easter (possibly including Good Friday and Easter Monday), safe staff numbers permitting. **This Easter provision will only be for the children of emergency key workers.**

Community support.....

We are working as part of the Local authority and will advise our community as soon as possible of vital information that is passed on. I know that many local groups have been formed to help out and my understanding is that one of the best places to visit to find more information is www.loveyourdoorstep.com. They may be able to signpost you to enable you to contact relevant, helpful organisations (please note that this information is given in good faith).

....and WARNINGS

Please be mindful of email and telephone scams exploiting the coronavirus pandemic, some I have heard of include:

- Emails asking parents for bank details because they qualify for FSM – **only HAZELWOOD SCHOOL WILL CONTACT YOU IN OUR USUAL WAYS.**
- Phone calls purporting to be official bodies (such as HMRC, Sky, BT, etc.) asking for bank details. Citizens Advice (citizensadvice.org.uk) is providing information on how to check if something is a scam.

Going forwardEnfield Learns together.

“Enfield Learns Together” is a platform that is being devised by the Local Authority which will provide a range of online activities which will be Enfield specific – further information on this will be available soon. The Local authority is also looking at providing music lessons online through the music service. Much is possible on online platforms as you know and Enfield will be exploring these over the coming weeks. Now more than ever, remember our values, especially those below.

With our very best wishes – **please stay safe,**

Mrs Kilkenny and the Hazelwood Team.





LET'S BEAT CORONAVIRUS

Information to help explain to children
24 MARCH 2020



What is COVID 19 or Corona Virus?

Corona is a virus that causes an illness called COVID 19. People who are ill with COVID 19 often have a cough and a fever, and some have breathing difficulties. Most people get better by themselves. A few people might need help from their doctor or hospital and some people might die.

How is the virus spread?

When somebody has the virus, it spreads when they cough or sneeze into the air, or cough or sneeze onto surface like tables. Other people then breathe in the air, or touch those surfaces and then touch their faces.

How can we keep ourselves healthy?



Wash your hands for 20 seconds



Eat Healthy



Exercise



Don't forget to brush your teeth



Get plenty of sleep

Everyone in the country is also trying to not be in physical contact with many people (you might hear people talking about 'social distancing'). For your family this may mean:

- Not going out unless it's really necessary
- Not visiting people or having people visit you
- Some adults are working at home

What should I do if I'm not well?

For most children COVID 19 is a mild illness a bit like a bad cold. If you have a temperature you should have lots to drink and some food if you want to.

Adults might give you medicine. If you are ill or one of the people that you live with is ill, you will need to stay at home for two weeks.



[For more information on Corona Virus](#)

[For information about Enfield Council](#)

BIG CHANGES

Staying at home
24 MARCH 2020



What's happening?

There is a virus that is making people ill. Everyone is working hard to keep people safe. The best way to keep everyone safe is for lots of people to stay at home. This stops big groups from spreading the virus to each other.

What will I do?

Most children will stop going to school for now.
They will stay at home with their families.
You will be staying at home for now.
The adults are still planning what will happen, so we don't know all the answers yet.

What will be different?

Instead of going out to school each day, you will stay at home.
You won't see your friends or the grown-ups from school.
You won't need to wear your school uniform.
You won't have your normal lessons with a group of children.
Your parents might be trying to do their work while you are playing.
Some people in your family might feel unwell.

What will be the same?

You will still have a bedtime and a waking up time.
You will still have breakfast, lunch and tea.
You can learn and play at home. Your school might give you activities to do.
Your adults will help you keep in contact with your important grown-ups and friends.
You might still be able to play outside.

When the adults know more about what will happen, they will tell you. If you have questions, you can ask the adults at home.

BIG CHANGES

Staying at home
24 MARCH 2020



How are you feeling?

Children have lots of different feelings at the moment. You might be feeling worried, sad, excited, happy or nervous. That's ok! Circle all the feelings you're experiencing.

All the grown-ups want you to feel safe and happy. You can talk to a grown-up at home about your feelings.

You and your grown-ups at home can think about your worries and hopes for your time at home. You can use these ideas:

People I would like to keep in contact with: _____

Projects and games I would like to try: _____

Ideas I would like to find out more about: _____

What I can do if I have lots of energy: _____

What I can do if I need to rest and relax: _____

Something I'm worried about is: _____

Something I'm happy about is: _____

Grown-ups at home can help me by: _____

WELLBEING SUPPORT

for parents & carers

24 MARCH 2020



How are you feeling?

People are telling us that they feel: Worried. Anxious. Afraid. Depressed. Lonely. Angry. Disappointed. Excited. Relieved. Stressed. Overwhelmed. Guilty. Frustrated. Ok...

All feelings are ok! People can react differently when big things happen. This is such an unusual event- all reactions and emotions are normal and ok. Try to accept your own and others' feelings.

How can I help my children?

- **Take time to talk** and listen. Be led by your child and answer questions honestly. Give them time to talk about their feelings.
- **Provide structure and routines** - so they know what to expect each day.
- Give them a chance to **succeed every day** through learning or play.
- **Encourage daily activity** - go for a walk, dance or use a fitness app.
- Find ways for your child to **interact** with their friends remotely.
- **Connect with them** - do things you enjoy together.



How can I look after myself?

- **Connect** - keep in touch with your friends, family and community using calls, messages and emails.
- **Be active** - keep your body moving. Try a fitness app. Get out for fresh air when you can.
- **Take notice** - pay attention to your body's sensations, and your thoughts and feelings. Notice what you can see, hear, touch, smell and taste.
- **Help others** - give something back to your household or community, in person or online.
- **Keep learning** - do something that stretches you and gives you a sense of achievement.
- Media Coverage - **Avoid excessive exposure**

What if I can't stop worrying?

Feeling worried is very understandable, but it can become overwhelming. If your anxiety or low mood mean that you can't do day-to-day activities you can ask for help here:

www.mind.org.uk/information-support/coronavirus-and-your-wellbeing - for information, guidance and support for adults
[Enfield Stands Together](#)



www.cdc.gov/HandHygiene

[Click Here to watch our 'How to wash your hands' Video](#)

SCHOOL UNIFORM PRICE RISE

The company we use to supply our school uniform will be having a very small price increase from the 31st May.

To take advantage of the current prices please visit http://www.brigade.uk.com/content.php?page=select_school&for=parents

Thank you.



Young Voices

Young Voices are 'At Home'! For any of our children who were involved in the Young Voices concerts over the last few years – and even for those children who weren't involved – Young Voices are doing live events on facebook – there was one yesterday (Thursday 26th) called Elevenses with Craig McLeish – he is the musical director and he is excellent – lots of fun warm ups and songs – and some they will recognise! You can still get it on the Young Voices facebook page. The next one is on Monday and look out for more after that – they are fun for all year groups and for parents too – (maybe?)

Peter and the Wolf

The Royal Opera House are broadcasting live productions on facebook and youtube #OurHouseToYourHouse

Tonight at 7pm they are showing a children's ballet – Peter and the Wolf – some of the children in Year 1 and 2 might enjoy this as they have been learning about Peter and the Wolf in their music lessons and their English lessons this last few weeks.

I Love the Flowers

I hope the children have been singing our song this week:

**I love the flowers, I love the daffodils
I love the mountains, I love the rolling hills
I love the fireside when all the lights are low
Boom tiara, boom tiara, boom tiara boom x2**

The children in Reception last Friday learnt a new version which I hope they're singing at home now

I love the hand wash, I love the paper towels

I love the hand gel, I love to sanitise

I mustn't touch my face, my nose, my mouth, my eyes

Boom tiara, boom tiara, boom tiara boom x2

Baked Potato Song

Matt Lucas has made a funny song with advice about keep safe at the moment – you can find it on twitter – I think some of the younger children would enjoy singing along with him!